Pastor Frederick James has humbly centered his life on building Christ-centered relationships and serving God's people. Born and in Warner Robins, Georgia, Pastor James answered God's call to ministry in April of 2004. His profound commitment to spread the gospel laid the foundation of his chosen path to teach God's Holy Word. Pastor James was licensed to preach in 2006 and ordained in 2009. He has not only honored God with his commitment to teach His Word, but he has wholeheartedly dedicated his life in helping others find their way. His compassion coupled with a profound love for everyone has driven his desire to encourage others to live a life that never compromises the promises of God.

Academically, Pastor James has demonstrated a desire to educate himself in order to educate others. He earned a Bachelor's degree in Biology from Paine College in Augusta, GA in 1997 and a Ph.D. from Meharry Medical College in Nashville, TN in 2005. Embracing this call to teach from the pulpit to the classroom, he also serves as an Instructor at Southern Union State Community College in Alabama.

Pastor Frederick D. James, PhD currently serves as the Pastor of Pilgrim Baptist Church in Lanett, AL. Pastor James humbly demonstrates his covenant with God in a way that reflects an undeniable love for others and a profound love for his family. After three years of friendship and courtship, Pastor James was united with his wife, Kimberly Fields James. Kimberly is from Birmingham, AL and she currently operates her own healthcare business in Opelika, AL. God's grace has covered them in the unity of their marriage for the past 14 years and has blessed them with three wonderful sons, Aaron, Caleb, and Evan.

Frederick James lives his life by the understanding that, loving GOD is our highest aim, & serving GOD is our highest endeavor!